

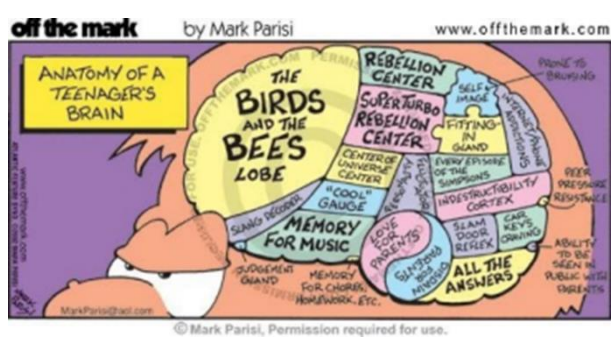
The Teenage Brain, Drug Trends, and Parent Tips: A Three-Part Parent Series

Below are the links for the three parent presentations:

[Session 1](#): The Teenage Brain and Building Connections

[Session 2](#): Drugs and the Teenage Brain

[Session 3](#): Drug Trends in Teens: Identifying Common Household Substances and Drug Culture



Helpful Resources:

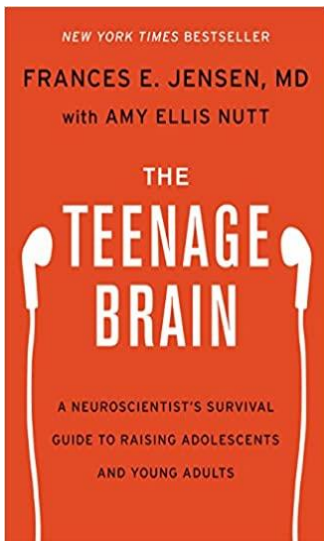
[The Teenage Brain](#): A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults.

[This Is Quitting](#): A Free Quit Vaping/E-Cigarette Text Messaging Program that provides support throughout the quitting process. This Is Quitting is easy, free, and anonymous.

[Office of Student Safety and Wellness](#)

[Alcohol, Tobacco, and Other Drug Programs](#): Substance Abuse Prevention Specialist Program

Contact Fairfax County Community Services Board for Mental Health & Substance Abuse treatment services: (703) 273-8255.



Substance Abuse Prevention Specialist (SAPS) information:

Allyson Jacobi, MSW.

If you need support with your student please feel free to reach out to me via email at ajacobi1@fcps.edu or by phone at (202) 930-1690.

For general questions about the FCPS Substance Abuse Prevention Program, please contact the Office of Student Safety & Wellness: (571) 423-4270.

